

YOUR CHILD SHOULD RECEIVE FLUORIDE VARNISH TREATMENTS FROM THIS OFFICE



WHY?

PREVENTS TOOTH DECAY

Tooth decay is the most common chronic disease found in children. Fluoride Varnish is a protective coating that is applied to the teeth. Over a period of time, the varnish strengthens teeth and prevents tooth decay. If tooth decay remains untreated, it causes pain and infections that may lead to poor general health. Also, it can cause problems with eating, speech, playing, and learning. This office is licensed by the State of Maryland to apply Fluoride Varnish to infants and children. Fluoride Varnish applications can reduce the incidence of cavities by 90%.

DELAY IN DENTAL VISITS

Most dental offices don't see children until 3 years of age. Many dental problems develop long before that visit. Medical insurance may not cover dental visits and expensive procedures.

VERY SAFE

Works best if applied 2 to 4 times a year, but it could be applied many more times than that without any problems.

WHO SHOULD RECEIVE THESE TREATMENTS?

CHILDREN BETWEEN THE AGES OF 9 MONTHS TO 3 YEARS

For some health plans, the applications are covered and are a part of the Well Visits for 9, 12, 15, 18, 24, 30 (varnish only), and 36 months. We recommend a minimum schedule of 12, 18, and 24 months.

HOW MUCH DOES IT COST?

The cost is \$25 per application. Well worth it to prevent tooth decay and expensive dental bills.

SIMPLE AFTER CARE INSTRUCTIONS ARE ON THE BACK PAGE

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Instructions After a Fluoride Varnish Application

- 1. The Fluoride Varnish was painted on the teeth with a brush. Your child's teeth may appear clear or yellow after the application. This is normal and will disappear when the teeth are brushed the next day.**
- 2. Wait until the next day to brush your child's teeth.**
- 3. After the Fluoride Varnish Application, for the first day, give your child soft foods only and avoid hot, hard, or sticky foods.**