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# Medical News

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## DR. LISA WILLIAMS PETIT HAS JOINED THE PRACTICE

We are happy and proud to announce that Dr. Lisa Williams Petit has joined Dr. Williams in the office.

Dr. Petit graduated from the Honors Program at the University of Maryland at College Park. She obtained her medical training at Howard University School of Medicine. Her pediatric training was completed at the Sinai Hospital Residency Program.

Dr. Petit also happens to be daughter of Dr. Williams. "I am elated that she has decided to join me in my practice. She is smart and has a good sense of humor. Our patients will love her.", Dr. Williams stated.

Dr. Petit is married and has one child. Her husband,

who is also a physician, James Petit, M.D., is on the staff at Greater Baltimore Medical Center.

The addition of Dr. Petit will be of great benefit to the patients.

The practice is now re-opened to accept new patients.

Expanded office hours will be offered. More evening hours will be added, early office hours and Saturday hours will be available.

The schedule will allow more slots for consultation visits for problems such as bedwetting, depression, anxiety, and expectant parents.

The office plans to offer



classes for parents and patients.

"This office will continue to offer top notch medical care to our patients. I also want patients to know that I don't plan on retiring any time soon. I really enjoy my practice and my patients and sharing them with my daughter", Dr. Williams stated.

### NEW

### OFFICE HOURS

Monday 9 am to 5 pm

Tuesday 9 am to 8 pm

Wednesday 9 am to 5 pm

Thursday 7 am to 8 pm

Friday 9 am to 12:30 pm

Saturdays 9 am– 12:30 pm  
twice a month—usually every  
2nd and 4th Sat.

We have added an additional evening, added an early office hours day, and added an additional Saturday for each month.

## NEW EXPANDED OFFICE HOURS

With the addition of Dr. Petit, the office is happy to announce expanded office hours.

Early office hours are available starting at 7 AM on Thursdays.

Evening hours have been

expanded to two evenings—Tuesdays and Thursdays.

Saturday Hours have been expanded to two Saturdays a month.

Consult appointments have been expanded to include Mondays and Wednesdays.

More convenient office hours will greatly improve the ability for patients to get appointments with ease. In most cases, sick children will be seen on the day they call for an appointment. Summertime school physicals can be scheduled with ease.

### Important Numbers

- Office number  
410-788-2350
- Fax number  
410-788-6859
- Poison Control  
800-222-1222

## BITS AND PIECES

### We would like your email address.

We will not share this information with anyone else. The purpose is to send parents and patients our newsletters and other information.

### Website coming soon

We are planning a website in the near future. The website will be an excellent source of information. Our goal is to make it a website that also contains valuable tools for our patients.

### Visit our travel clinic website

Speaking of websites, feel free to check the website of Catonsville Travel Vaccines. It contains valuable information for travelers. You may reach it by entering [www.GreatVaccines.com](http://www.GreatVaccines.com)

## OFFICE WILL SCREEN FOR AUTISM

After conducting research concerning screening tests for Autism Spectrum Disorders, we have concluded that the M-CHAT is one of the best screening tools.

At the 15 month Well Visit, parents will be given the M-CHAT questionnaire to complete. The test may administered as early as 12 months to toddlers if a problem is suspected.

Studies have shown that the earlier Autism is diagnosed and treated, the better the outcome. As a screening test, the M-CHAT is excellent in identifying toddlers at high risk, but it does not make the diagnosis. Toddlers identified as high risk are then referred to specialists for a more definitive diagnosis.

## FLU VACCINE SUPPLY UPDATE

### Regular Seasonal Flu

The only Seasonal Flu Vaccine we have is already spoken for by patient on our schedule. We do not expect to receive any more vaccine.

### H1N1 Flu Vaccine

We have a good supply of vaccine for our patients. Both the H1N1 Flumist and the H1N1 killed injectable vaccines are available. Because of limited supplies, we are only able to offer it to our patients at this time. The Swine Flu Information sheet on the next page identifies the five high risk groups who should receive the H1N1 Vaccine.

## FLUORIDE VARNISH PREVENTS CAVITIES

This office is licensed by the State of Maryland to apply fluoride varnish to infants and children. Tooth decay is the most common chronic disease found in children. Fluoride Varnish is a protective coating that is applied to the teeth. Over a period of time, the varnish releases fluoride which strengthens teeth and prevents tooth decay. If tooth decay remains untreated it causes pain and infections that may lead to poor general health, and problems with eat-



ing, speaking, and playing, and learning. Most dental offices don't see children until 3 years of age. Fluoride varnish applications can reduce the incidence of cavities by 90%.

Fluoride Varnish is very safe and works best if applied on teeth 2 to 4 times a year. For some health plans, the applications are covered and are a part of the Well Visits for 9, 12, 15, 18, and 24 months. We recommend a minimum schedule of 12, 18, and 24 months.

## WHAT'S THAT? EAR PIERCING FOR ONLY \$10



We are having a sale on select earrings for \$10. We are more than happy to pierce the ears of the girls and mothers in the practice. The price includes the earrings and the piercing. The ears can be pierced as early as 2 months of age. Other earrings are available at a cost of \$20 to \$25. The earrings are 100% sterile. The ears can be pierced at the ear lobes or higher up in the cartilage.

Please feel free to make an appointment. We do not pierce ears during Sick, Well Baby, or Well Child Visits.

# Swine Flu Information Sheet –H1N1 Vaccine

This office does recommend the H1N1 (Swine Flu) Vaccine. The greatest high risk groups are pregnant women, children between the ages of 6 months to 2 years, and children with underlying problems or diseases ( Note: 90% death rate in children with neuromuscular problems such as cerebral palsy).

With so much confusing information concerning the H1N1 Vaccine, this sheet should make things easier to understand. There are 2 types of H1N1 Vaccine- a live nasal spray form and a killed injectable vaccine.

Fees and Charges: The H1N1 Vaccines are free, however offices will charge patients or bill medical insurance for an administration fee. The administrative fee for this office is \$20.00.

The five High Risk Groups recommended to receive the 2009 H1N1 Vaccine are noted on this chart.



Group	Live Flu Nasal Spray	Flu Injection (shot)
<b>1. PREGNANT WOMEN</b> Higher risk of complications from H1N1 infection. (We strongly recommend that pregnant women receive this vaccine.)	<b>NO</b>	<b>YES</b>
<b>2. HOUSEHOLD CONTACTS AND CAREGIVERS FOR CHILDREN YOUNGER THAN 6 MONTHS OF AGE</b>	<b>YES</b> As long as no health conditions associated with higher risk of complications from receiving live vaccine	<b>YES</b>
<b>3. HEALTHCARE AND MEDICAL SERVICES PERSONNEL</b>	<b>YES</b> As long as no health conditions associated with higher risk of complications from receiving live vaccine	<b>YES</b>
<b>4. ALL PEOPLE 6 MONTHS TO 24 YEARS OF AGE</b> (We strongly recommend this vaccine for -6 months to 2 years - 12 years to 17 years - underlying diseases such as asthma, heart disease, cerebral palsy, etc)	<b>NO</b> - 6 MONTHS TO LESS THAN 2 YEARS of age. Not approved for this age range - if have underlying health conditions associated with higher risk of medical complications from receiving live vaccine  <b>YES</b> - 2 TO 24 YEARS OF AGE AND	<b>YES</b>
<b>5. 25 TO 64 YEARS OF AGE</b> if have underlying health conditions associated with higher risk of medical complications from influenza	<b>NO</b>  (Note: Yes- if healthy between the ages of 25 to 49 years of age)	<b>YES</b>

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*To the parent/guardian or patient*

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